



Hamilton

**Dalewood Recreation Centre, 1152 Main Street West
905-546-4946**

GYM SCHEDULE – October 3rd, 2022 to December 19, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Pickleball (18+) 6:00-7:30pm	Open Gym (13-17yrs) 6:00-7:30pm		Open Gym (Family) 6:00-7:30pm	Badminton (18+ years) 1:45-3:30pm
	Basketball (18+) 7:45-9:15pm	Basketball (18+) 7:30-9:00pm		Open Gym (13-17yrs) 7:30-9:00pm	

NOTES: Centre will be closed on Monday October 10, 2022 (Thanksgiving)

All gym programs cancelled Friday October 7th, Saturday October 8th and Monday October 24th

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.