



Hamilton

**Dalewood Recreation Centre, 1150 Main St. W
905-546-4946**

SWIM SCHEDULE – September 6, 2022 to December 24, 2022

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Swim 55+		9:45-10:45am		9:45-10:45am			CLOSED
Open Swim 18+	11:00am-12:00pm	11:00am-12:00pm 8:15-9:15 pm	11:00am-12:00pm	11:00am-12:00pm		1:00-2:00pm	
Open Swim		7:15-8:15pm *FREE*				2:00-3:30pm	
Open Swim (Family)					6:00-7:00pm		
Open Swim (Female Only)					4:30-5:45pm		
Length Swim	9:15-10:45am 7:30-8:30pm		9:15-10:45am 5:00-6:30pm		7:15-8:30pm	11:45am-12:45pm	

NOTES: Centre will be closed on Monday October 10, 2022 (Thanksgiving)

SUPERVISION REQUIREMENTS

AGE OF CHILD	RATIO WITHOUT LIFEJACKETS	RATIO WITH LIFEJACKETS
0 – 5 YEARS	1:2	
6 – 9 YEARS	1:4	1:8

SWIM ADMISSION CRITERIA

All non-swimmers must remain in the shallow end.

- Children 0-5 years of age must be accompanied by a parent or guardian, and must be within arm's reach at all times.
- Children 6-9 years of age who cannot pass the Facility Swim Test, must be accompanied by a parent or guardian, and must be within arm's reach at all times.
- Children 6-9 who can pass the Facility Swim Test may be admitted without a parent or guardian

A guardian is defined as an individual at least 12 years of age or older who is responsible for the direct supervision of children within their care.