

Public Health Nurse Services for Target Schools

Public Health Nurses (PHNs) work with schools to support the health and wellbeing of children and youth. As a target school, your school receives intensive PHN support.

Your School's Public Health Nurse is available to:

- Assist in developing your School Improvement Plan (SIP) or School Annual Plan (SAP) health and wellness goals
 - These goals can be informed by the Child and Youth Health Atlas found at www.hamilton.ca/ChildHealthAtlas
- Support student, staff and community groups in identifying health priorities and develop comprehensive action plans to address the priorities.
PHN's can work with:
 - School-based Mental Health Leads and Teams
 - Students and student groups such as Health Action Teams, Eco clubs, peer mentors, student senates and councils.
 - School Councils and other caregiver or community groups within your school
- Support classroom resources from:
 - Public Health (e.g. Mental Well-being Guided Discussion)
 - School Mental Health Ontario (e.g. Building Mental Healthy Classrooms)
 - Psychology Foundation (e.g. Kids Have Stress Too!® Stress Lessons)
 - PREVNet (e.g. Bullying Prevention: Facts and Tools for Schools)
 - OPHEA
 - And more
- Consult with Principals and Teachers on guidelines and policies such as:
 - Safe and Accepting Schools
 - Equity and Inclusion
 - Food and Beverage
 - Daily Physical Activity



- Co-facilitate Social Emotional Learning Groups
- Connect families and schools to community resources:
 - Dental programs
 - Head lice clinics
 - Immunization clinics
 - Sexual health clinics
 - Visual health services and supports
 - Financial support
 - Employment services
 - Recreation programs
 - School Nutrition Program
 - Other health care providers
- Support coordination of other Public Health school-based services as needed. These include:
 - Immunization clinics
 - Dental screening
 - Vision screening (*NEW for Kindergarten Year 2*)
- Access to City of Hamilton and Public Health Services Programs on the following health topics:



Check out the Healthy Schools website:

www.hamilton.ca/healthyschools

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