



Hamilton

Hill Park Recreation Centre, 305 South Bend Road East.  
905-546-4920

## GYM SCHEDULE – January 9, 2023 to April 2, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Open Gym</b> (12-17yrs) 8:00pm-9:00pm		<b>Badminton</b> (Family) 6:00pm-7:30pm		<b>Open Gym</b> (Family) 6:00pm-7:30pm	<b>Open Gym</b> (all ages) 9:30am-11:30am	
		<b>Badminton</b> (18+) 7:30pm-9:00pm		<b>Open Gym</b> (all ages) 7:30pm-9:00pm	<b>Open Gym</b> (Family) 11:30am-1:30pm	

**NOTES: Centre will be closed Monday February 20, 2023**

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.