



**Main Hess Seniors Activity Club**  
**200 Jackson St. N, Hamilton**  
*(Within City Housing Hamilton Apartment Building)*

**PROGRAM SCHEDULE – January 9, 2023 to April 2, 2023**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Stretch Your Mind</b> (Jeopardy and Brain Games) <b>FREE</b> (Main Room) 1:30-3:30pm	<b>Closed</b>	<b>*Food Market</b> <b>FREE</b> (Room D) 12:45pm-4:00pm	<b>Stretch Your Mind</b> (Jeopardy and Brain Games) <b>FREE</b> (Main Room) 1:00-3:30pm	<b>Railroad Euchre</b> <b>\$1.00</b> (Main Room) 5:30-8:30pm	<b>Closed</b>	<b>Closed</b>
<b>Railroad Euchre</b> <b>\$1.00</b> (Main Room) 5:30-8:30pm		<b>Social Time</b> <b>FREE</b> (Main Room) 1:30-4:00pm				
		<b>Railroad Euchre</b> <b>\$1.00</b> (Main Room) 5:30-8:30pm				

**NOTES: Must be 55+ to attend programs.**

For more information contact City of Hamilton, Recreation general information line at **905-546-3747** or [recreation@hamilton.ca](mailto:recreation@hamilton.ca)



*Funded in partnership with the  
 Ministry for Seniors and Accessibility*