

BOIL WATER ADVISORY

Important Health Information

Información Importante sobre Salud

Tin tức quan trọng về sức khoẻ y tế

Önemli Sağlık Bilgileri

صحت کے بارے میں اہم معلومات

重要健康信息

معلومات صحیة مهمة

Warar muhiim ah oo caafimaad ku saabsan

اطلاعات مهم بهداشتی

ਸਿਹਤ ਸੰਬੰਧੀ ਮਹੱਤਵਪੂਰਣ ਜਾਣਕਾਰੀ

Vážne informácie o zdravlju



The Medical Officer of Health advises you to **not** use your water supply for drinking and other uses, as described below, until further notice.

TO MAKE SURE YOUR WATER IS SAFE YOU ARE URGED TO:

1. Use an alternate supply of water OR boil your water at a rolling boil for at least one-minute before using it to:

- Drink.
- Make baby food or formula.
- Wash dishes.
- Gargle, brush teeth, or rinse your mouth.
- Wash fruits, vegetable and other food.
- Make meals, ice, juices, coffee, tea, puddings, etc.

2. BATHING and WASHING:

- Do not swallow any unboiled water used for showers and baths.
- Adults, teens and older children (who will follow instructions) can use unboiled water for baths and showers.
- Small children can be given sponge-baths instead of tub baths or showers.
- Washing hands, flushing toilets and doing laundry is not considered a risk.



Follow the instructions on the other side
for washing dishes and countertops



Washing Dishes and Countertops During a Boil Water Advisory

When a Boil Water Advisory is in effect, follow these 4 easy-steps to ensure your dishes and countertops are properly cleaned.

Wash dishes by hand:

1. Use bottled or boiled water for washing and rinsing dishes.
OR
2. Wash dishes with soap and hot tap water and then rinse them in a bleach and water solution and let air dry. See directions to make the bleach solution.

Wash dishes in a dishwasher:

1. Use your dishwasher's "hot" setting with the temperature booster on. It safely cleans dishes.
OR
2. For dishwashers without a "hot" setting or booster, after the end of the cycle, rinse them in a bleach and water solution and let air dry. See directions to make the bleach solution.

Washing countertops and cutting/ chopping boards:

Clean with soap and hot water. Rinse/wipe with bleach and water solution and let air dry.

See directions to make the bleach solution.

Bleach and Water Solution

To make a bleach and water solution strong enough to kill any bacteria on dishes, cutlery and kitchen surfaces:

1. Mix 5 ml (1 teaspoon) of liquid household bleach in 1 litre (4 cups or 1 quart) of tap water.
2. Make it fresh daily.
3. Do not reuse or store this solution.
4. Keep it out of reach of children in a tightly closed container.

Sincerely,



Dr. Elizabeth Richardson,
Medical Officer of Health, City of Hamilton

If you become sick see your doctor or go to the hospital

- See your doctor or go to the hospital if you have diarrhea and at least one of the following symptoms; nausea/vomiting, stomach pain/cramps, fever, headache.
- See your doctor or go to the hospital if the diarrhea is bloody or lasts more than 48 hours.
- The elderly, young, and those with weakened immune systems (caused by AIDS, cancer, or other diseases) who become ill should immediately see their doctor or go to the nearest hospital.

For Additional Information and Updates see these resources!



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Hamilton

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