Household scenarios comparing income to monthly expenses in Hamilton

Household scenario / Main source of income	Total Monthly Income*	Average monthly rent** (% of income)	Monthly cost of ONFB*** (% of income)	Funds remaining for other expenses
Family of Four (2 adults, 2 school-age children) Ontario Works	\$2,794	\$1,450 (52%)	\$1,110 (40%)	\$234
Family of Four (2 adults, 2 school-age children) Minimum Wage earner	\$4,160	\$1,450 (35%)	\$1,110 (27%)	\$1,600
Family of Four (2 adults, 2 school-age children) Median Ontario income	\$9,284	\$1,450 (16%)	\$1,110 (12%)	\$6,724
Family of Three (1 adult, 2 school-age children) Ontario Works	\$2,560	\$1,335 (52%)	\$816 (32%)	\$409
Family of Three (1 adult, 2 preschool children) Minimum Wage earner	\$4,302	\$1,335 (31%)	\$675 (16%)	\$2,292
Single person (adult) Ontario Works	\$865	\$920 (106%)	\$399 (46%)	\$-454
Single person (adult) Ontario Disability Support Program	\$1,369	\$1,142 (83%)	\$399 (29%)	\$-172
Single person (older adult) Old Age Security/Guaranteed Income Supplement	\$1,993	\$1,142 (57%)	\$287 (14%)	\$564

Amounts are rounded to the nearest dollar





- * Income includes employment earnings, Basic Allowance + Maximum Shelter Allowance (Ontario Works/Ontario Disability Support Program), Old Age Security/Guaranteed Income, Ontario Guaranteed Annual Income System, Canada Child Benefit, GST/HST credit, Ontario Trillium Benefit, Canada Worker Benefit, and Climate Action Incentive Payment. Employment Insurance paid and Canada Pension Plan paid are deducted from employment earnings
- **Average monthly apartment rental costs provided by Housing Services Division, Healthy and Safe Communities Department, City of Hamilton, based on Rental Market Report, Canada Mortgage and Housing Corporation, Fall 2022. The Canadian Mortgage and Housing Corporation (CMHC) Rental Market Survey is conducted in urban areas with populations of 10,000 or more. The survey includes both new and existing units in privately initiated structures with at least 3 rental units. The cost for a new tenant would likely be higher, as current tenants are protected from large annual increases by Ontario's residential rent increase guideline. Utility costs (e.g., heat, electricity, hot water) may or may not be included in rental amounts.

***Ontario Nutritious Food Basket survey May 2023, Public Health Services, Healthy and Safe Communities Department, City of Hamilton (includes Household Size Adjustment Factors).

For complete data, please contact Mary Ellen Prange, Public Health Services, Healthy and Safe Communities Department maryellen.prange@hamilton.ca.

