



Name: Hill Park Recreation Centre
Address: 305 South Bend Rd. E.
Phone: 905-546-4920
Email: recreation@hamilton.ca

For real time program info:
hamilton.ca/swimming



SWIMMING SCHEDULE – January 8, 2024 to March 31, 2024

| PROGRAM | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|----------------------------|---------|----------------------------|-------------|--------|---------------------|--------|
| Open Swim 18+ (combined with Length Swim) | 8:00-9:30am 7:30-9:00pm | | 8:00-9:30am 8:15-9:15pm | | | 12:00-1:30pm | |
| Length Swim | 8:00-9:30am 7:30-9:00pm | | 8:00-9:30am 8:15-9:15pm | | | 12:00-1:30pm | |
| Open Swim | | | | | | 1:30-3:00pm FREE | |
| Open Swim- Female Only | | | | 7:00-8:00pm | | | |
| Waterfit- Female Only | | | | 8:00-8:45pm | | | |

NOTES: Centre will be closed Monday February 19, 2024 (Family Day)

Centre will be closed on Friday March 29, 2024 (Good Friday)

For information on swim admission criteria and supervision requirements:

www.hamilton.ca/swimeticquette